



KENYATTA UNIVERSITY

UNIVERSITY EXAMINATIONS 2020/2021

FIRST SEMESTER EXAMINATION FOR THE DEGREE OF BACHELOR OF ARTS

APS 415:CORRECTIONAL COUNSELING

DATE: Tuesday 18th May 2021

TIME: 8.00a.m. - 10.00a.m.

INSTRUCTIONS: Answer Question ONE and any other TWO Questions

Question One

- a) Explain the two main therapeutic goals of correctional counseling. (4 marks)
- b) Discuss any three programs that offenders are engaged in the process of rehabilitation. (9 marks)
- c) Explain three challenges a correctional counselor is likely to face in counseling offenders. (6 marks)
- d) Differentiate between group therapy and family therapy as used in correctional counseling. (4 marks)
- e) Identify five principles of motivational interviewing in counseling offenders. (5 marks)
- f) Describe Solution Focused Therapy as a positive therapy as used in correctional counseling. (2 marks)

Question Two

- a) Using examples, explain four ways in which anger facilitates criminal behavior in offenders. (8 marks)
- b) Discuss the three stages of anger management process for correctional clients. (12 marks)

Question Three

Read the case below and answer the question that follow:

Samuel was arrested after fatally injuring an attacker to death. He was confident that the judge would understand he killed the attacker in self defense. He believed that truth speaks for itself. As a result he did not bother much seeking for a lawyer or even witnesses to support his defense. After his side of the case he was sentenced to 50 years in prison. He felt betrayed and angry with everybody. He was disgusted that the judge was a learned fellow who could not simply differentiate truth from falsehood. He was a committed Christian and banked on God to defend him. He believed in God