



KENYATTA UNIVERSITY

UNIVERSITY EXAMINATIONS 2012/2013

INSTITUTE OF OPEN, DISTANCE AND E-LEARNING

SECOND SEMESTER EXAMINATION FOR THE DEGREE OF MASTER OF SCIENCE

(LEISURE AND RECREATION MANAGEMENT)

HLR 503: P.E, LEISURE & RECREATION FOR SPECIAL POPULATIONS

DATE: Friday 12th July 2013

TIME: 9.00a.m -12.00p.m

INSTRUCTIONS: Answer any THREE questions.

1. Analyse the goals of adapted physical activity according to the domains of behaviour.
(24 marks)
2. Elaborate on any 8 (eight) guidelines that will enable able bodied persons to interact with persons with disability.
(24 marks)
3. Explain the roles of any 8 (eight) members of the multidisciplinary team during the execution of a physical activity program for people with disabilities.
(24 marks)
4. Self-concepts of people with disabilities are often lower than those of able-bodied peers. Elaborate on the instructional practices that a gym instructor can use so as to enhance the self-concept of clients with disabilities.
(24 marks)
5. Expound on the challenges that people with disabilities encounter in the recreation industry.
(24 marks)
