



KENYATTA UNIVERSITY

UNIVERSITY EXAMINATIONS 2011/2012

SECOND SEMESTER EXAMINATION FOR DIPLOMA IN SPORTS ADMINISTRATION

HLR 026: SPORTS AND BEHAVIOR SCIENCE

DATE: THURSDAY, 5TH APRIL 2012

TIME: 2.00 P.M – 4.00 P.M

INSTRUCTIONS:

Answer Question ONE (1) and any other **TWO (2)** questions

1. a) Describe any four similarities that members of a group must have. [4 marks]
 b) Identify and explain the four stages of group development. [8 marks]
 c) Describe the factors that influence group cohesion. [18 marks]
2. Elaborate on any five theories of motivation indicating examples in sports. [20 marks]
3. Expound on the roles of coaches in promoting positive behavior in a sports team. [20 marks]
4. a) Identify five effects of Hooliganism in sports competition [10 marks]
 b) Explain strategies used in crowd control in sports competition. [10 marks]
5. i) Elaborate on characteristics of an individual in the following types of small groups. [12 marks]
 a) Sports command group [4 marks]
 b) Sports task group / team [4 marks]
 c) Sports interest group [4 marks]
 ii) Explain any four benefits of groups norms/ rules [8 marks]