



KENYATTA UNIVERSITY
UNIVERSITY EXAMINATIONS 2017/2018
CITY CAMPUS

FIRST SEMESTER EXAMINATION FOR THE DEGREE OF MASTER OF SECURITY
MANAGEMENT AND POLICE STUDIES
KPS 819: COUNSELLING PSYCHOLOGY

DATE: FRIDAY 2ND FEBRUARY 2018

TIME: 5.30 P.M. - 8.30 P.M.

INSTRUCTIONS: Answer any four questions.

1. Discuss the role played by theories in counselling. (15 marks)
2.
 - a) You are working as a counsellor in a security firm, describes three factors you would put in consideration when setting up a counselling centre. (6 marks)
 - b) Describe three ethical consideration that should be considered when working with security personnel. (9 marks)
3.
 - a) Discuss three factors that may necessitate trauma counselling among security personnel. (6 marks)
 - b) You are an officer in-charge of a security unit. You have just received some personnel who had been in an operation in bandit prone area for the last three months. Describe the symptoms you would look for to identify those that are experiencing post traumatic stress disorder (PTSD) to be referred for counselling services. (9 marks)
4. Using a biopsychosocial theory, discuss different ways in which counselling services could be used to help security personnel live more satisfying and productive lives. (15 marks)
5. With examples, assess the relevance of main communication skills used in counselling in development of therapeutic alliance between the counsellor and client. (15 marks)
6. Loss and grief is an inescapable feature of human existence and security personnel are not exceptional. Discuss three different ways in which loss and grief may affect psychological wellbeing of security personnel. (9 marks)