



KENYATTA UNIVERSITY

UNIVERSITY EXAMINATIONS 2017/2018

FIRST SEMESTER EXAMINATION FOR THE DEGREE OF MASTER OF ARTS

APS 810: INTRODUCTION TO PSYCHOPATHOLOGY

DATE: Tuesday 28th November, 2017

TIME: 5.30 p.m. - 8.30 p.m.

INSTRUCTIONS:

- This paper has two sections **A** and **B**.
- Section **A** is compulsory.
- Choose any other **TWO** questions from section **B**

SECTION A

QUESTION ONE

- (a) Explain two psychoanalytic perspectives of psychopathology (4 marks)
- (b) Assume you are working in a drug rehabilitation facility. Describe how you would use operant conditioning to modify the behaviour of recovering addicts (6 marks)
- (c) Discuss two cognitive behavioural approaches that you would use to treat a client suffering from phobia (10 marks)

SECTION B

QUESTION TWO

Mr. Z is a 35 years old banker. He is married and has three children, one from his ex wife and two from his current wife. He has been hearing voices that hurl insults at him telling him that he is useless and he will be dying sooner than later. Mr. Z believes that this is his ex-wife whom he has always known to want him out of the way so that she can inherit his estate. Of late, Mr. Z has become unkempt, acts strangely at work; sometimes removing his clothes and complaining that

someone has splashed acid on them. His workmates are also complaining that at times they cannot comprehend what Mr. Z says. His superior has recommended that he should seek help in a mental health facility.

- (i) Identify the mental disorder Mr. Z is suffering from (2 marks)
- (ii) Explain three causes of this disorder (6 marks)
- (iii) Explain your role as a psychologist in the treatment process for Mr. Z. (12 marks)

QUESTION THREE

You are a psychologist in a mental facility. Miss G, a 20 year old university student has confided to you that she is a man trapped in a woman's body. 'When i told my mom this, she shouted at me and said, "Get behind me Satan! ". I promised myself that i will try and live normally yet every day is such a struggle. I want to be the man I am. I think i need help'.

- (i) Identify the disorder Miss G has and the wider category under which this disorder belongs to (20 marks)
- (ii) Describe the DSM 5 criteria for this disorder (6 marks)
- (iii) Explain four biopsychosocial treatment interventions that can be used to help Miss G (12 marks)

QUESTION FOUR

Emma is a 21 year old college student. her roommate in campus has noted some unusual behaviour from her in the past two weeks. Some of the behaviours she described include: persistent elevated mood, severe insomnia, increased talking, increased energy and activity, including sexual energy as well as irritability. In addition Emma has been exhibiting depressed mood.

- (a) From the above description highlight the possible pathological disorder Emma could be suffering from (2 marks)
- (b) Discuss six factors you will put into consideration while conducting a mental status examination of this client (18 marks)

QUESTION FIVE

You are working as the counseling psychologist in Katumani Academy. Mr. B. one of the staff members in the school has come to your office for therapy. he narrates that in the recent past, he has been experiencing sudden surges of intense fear of dying. When that happens, he begins to

experience palpitations, trembling and chest pain. In the process, he gets the feeling that he is losing control and he sweats profusely.

- (a) Describe the psychological condition that Mr. B. is likely to be suffering from and justify your answer (4 marks)
- (b) Discuss four treatment interventions that would be used to assist Mr. B (16 marks)