



KENYATTA UNIVERSITY

UNIVERSITY EXAMINATIONS 2011/2012

SECOND SEMESTER EXAMINATION FOR THE DEGREE OF BACHELOR OF SCIENCE

PPH 302: MENTAL HEALTH

DATE: WEDNESDAY, 28TH MARCH 2012

TIME: 2.00 P.M. – 4.00 P.M.

Instructions

1. Attempt **all** questions in Section A (20 marks)
2. Question **One** in Section B is Compulsory (20 marks)
3. Choose any other **two** questions from Section B (30 marks)

Section A

Question 1

- a. Define the biopsychosocial model as used in mental health (3 marks)
- b. State the basic tenets of psychoanalysis? (5 marks)
- c. Define each of the different types of delusions (5 marks)
- d. Differentiate between dynamic psychopathology and descriptive psychopathology (4 marks)
- e. Outline three differences between neurosis and psychosis? (3 marks)

Section B

Question 1

- a. Discuss how the Diagnostic and Statistical Manual for Mental Disorders (DSM-IV-TR) takes a holistic approach in diagnosis and treatment of individuals with mental disorders (10 marks)
- b. Discuss the different treatments of mental disorders (10 marks)

Question 2

- a. Explain three of the ten key actions to be undertaken in each country as recommended in the World Health Report 2001 in order to give priority to mental health and to improve the mental health status of the citizens (6 marks)
- b. Discuss the Pinel's explanation of mental illness and its treatment (9 marks)

Question 3

- a. Giving examples, explain the components of a psychiatric examination (9 marks)
- b. Discuss the relationship between psychiatry and psychology, psychiatry and sociology, and psychiatry and anthropology in the provision of holistic mental health services (6 marks)

Question 4

- a. Discuss 7 of the key findings presented in Mental Health Atlas 2011 and which are relevant to the situation of mental health care in Kenya (7 marks)
- b. Discuss 8 myths about mental illness and how these myths contribute to stigmatization and discrimination of people with mental disorders (8 marks)

Question 5

- a. Discuss three behavioral disorders in children and how they can be prevented (6 marks)
- b. Discuss three sexual and gender identity disorders and their influence on reproductive health (9 marks)
