



KENYATTA UNIVERSITY
UNIVERSITY EXAMINATIONS 2011/2012

KITUI AND MOMBASA CAMPUS

SECOND SEMESTER EXAMINATION FOR THE DEGREE OF BACHELOR OF ARTS

APS 303: PSYCHOLOGY OF ADOLESCENCE

DATE: Wednesday 28th March, 2012

TIME: 2.00 p.m. – 4.00 p.m.

INSTRUCTIONS: *Answer Question ONE and any other TWO.*

- Q1. (a) Describe the following terms:
- (i) Adolescence [10 marks]
 - (ii) Puberty
 - (iii) Dysfunctional family
 - (iv) Conduct disorder
 - (v) Date rape
- (b) Define juvenile delinquency. [2 marks]
- (c) Discuss how early and late maturation may affect the self-esteem of an adolescent. [6 marks]
- (d) Describe any two environmental factors that may influence pubertal growth and development. [2 marks]
- (e) (i) Briefly explain Peer Pressure Resistance Skills? [2 marks]
- (ii) Explain three strategies that an adolescent can apply to cope with stress. [3 marks]
- (iii) Discuss Piaget's Formal Operational Thought Process indicating how it may influence adolescence. [4 marks]
- Q2. Using examples to illustrate discuss how any four Psychological disorders in adolescence may lead to poor relationships with others. [20 marks]

- Q3. (a) Discuss the effect of parental divorce on adolescents. [10 marks]
(b) Discuss any five functions of media to an adolescent [10 marks]
- Q4. (a) Define the term self esteem. [2 marks]
(b) Discuss four interventions that a psychologist can use to help a teenage with low-self esteem. [8 marks]
(c) What are the major contributions of Erik Erickson's Developmental theory to our understanding of adolescent? [10 marks]
- Q5. (a) Describe the major signs and symptoms of drug abuse in adolescence. [10 marks]
(b) Explain the ways in which drug abuse may be prevented among our youth in Kenya. [10 marks]

.....