



KENYATTA UNIVERSITY

UNIVERSITY EXAMINATIONS 2015/2016

CITY/MOMBASA/NAKURU CAMPUS

FIRST SEMESTER EXAMINATION FOR THE DEGREE OF MASTER OF ARTS

APS 810: INTRODUCTION TO PSYCHOPATHOLOGY

DATE: Friday, 11th December 2015

TIME: 5.30 p.m. - 8.30 p.m.

INSTRUCTIONS:

This paper has two sections A and B. Section A is compulsory.

Choose any other TWO questions from section B.

1. Mnazi is a 40 year old man who has been taking alcohol for the last twenty (20) years. He has been brought to your counseling center today and he is obviously drunk. He lost his job because of regular absenteeism out of his drinking. He tells you that he is about to lose his only property, a quarter acre piece of land to a bank whose title deed he had used as a guarantee for a loan he had taken earlier. Discuss in detail the steps you would follow in the management of Mnazi. (20 marks)
2. Jim is a 21 year old second year undergraduate student in a local university. His friend has brought him to your office as the University counsellor. The friend explains that Jim had not left his room for two weeks. He added that Jim spent most of his time in his room and that he had stopped going for social activities which he had a lot of interest in seven (7) months ago. Jim claims that there are people who are always watching his every move. He appears distracted and he lacks facial expressions and uses monotone communication. He suddenly stops talking and claims there are voices commanding him to stop talking. Instead he is ordered to start working on a plan to save all the children in the world from hunger.
 - (a) Identify the most likely diagnosis that Jim is suffering from and justify. (4 marks)
 - (b) Discuss how you would use the biopsychosocial (BPS) model of disease management in managing this case. (16 marks)

3. Mildred, a 28 year old lady presents to you with multiple problems that are on the brink of breaking their 3 year old marriage. She clearly tells you that her husband keeps complaining that she is no longer desirable to him and no longer enjoys sex with her.
- (a) Give a classification of the sexual disorders clearly demonstrating how these could contribute to the above problem. (8 marks)
 - (b) From your knowledge of the sexual response cycle identify the physiological and physical changes that take place during sex. Clearly discuss how you would go about counseling a couple that visits your clinic complaining of an unfulfilling sexual relationship. (12 marks)
4. (a) Your classmate has the habit of leaving the class for the wash rooms every 10 minutes to wash his hands and bitterly complains when there is no running water. He carries sterile wipes which he uses to clean his hands when there is no water.
- (i) Identify the most likely condition he is suffering from. (2 marks)
 - (ii) Distinguish clearly the terms obsession and compulsion as used in psychology. (2 marks)
- (b) Discuss the importance of the diagnostic and Statistical Manual (DSM) as a tool for use by a psychologist or a counselor. (8 marks)
- (c) Discuss how panic disorder affects the daily life of an individual who repeatedly suffer from the same. (8 marks)
5. You are working as the counselor in a non-governmental organization. Derrick one of the workers in the organization has been referred to you for therapy. He explains that, in the recent past, he has been experiencing excessive fear, disturbed sleep, uneasiness, feelings of panic and cannot tolerate loud noise. On further inquiry he says they had been violently robbed at gunpoint at their home eight (8) months ago.
- (a) Describe the psychological condition that Derrick is likely to be suffering from and justify your answer. (6 marks)
 - (b) Discuss the factors you will put into consideration while conducting an assessment of this client. (14 marks)