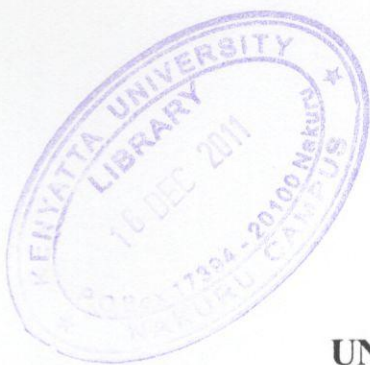




KENYATTA UNIVERSITY
UNIVERSITY EXAMINATIONS 2011/2012
CITY AND NAKURU CAMPUSES

FIRST SEMESTER EXAMINATION FOR THE DEGREE OF MASTER OF ARTS

APS 513: ADDICTION STUDIES AND LIFESTYLE

DATE: Monday 28th November, 2011

TIME: 2.00 p.m. – 5.00 p.m.

INSTRUCTIONS

Answer Question One and any other TWO.

1. (a) Briefly explain the following terms:
 - i) Intoxication
 - ii) Dependence syndrome
 - iii) Depressants [6 marks]
- (b) Explain two hallmarks characteristics of type A behavior. [2 marks]
- (c) Explain the steps that a counselor would adopt in order to achieve effective Bulimia nervosa management. [5 marks]
- (d) Explain some of the symptoms/signs you would observe to identify a person who may be abusing drugs. [7 marks]
2. (a) Explain three medical reasons for drug addiction. [6 marks]
- (b) Give five DSM IV criteria for addiction. [4 marks]
- (c) Explain ways through which an individual can check on their relapse. [10 marks]
3. (a) Discuss four characteristics of codependents of drugs and chemical abuse. [8 marks]
- (b) Discuss the various stages of alcoholism. [12 marks]
4. Identify and discuss any five phases/stages of behavior modification and life style change which you have gained from this unit. [20 marks]
5. (a) Explain the first five steps of the 12 steps of addiction recovery. [10 marks]
- (b) Discuss the phases of gambling addiction. [6 marks]
- (c) Explain four precautions that a drug addict would take to overcome triggers that increase cravings. [4 marks]