



**KENYATTA UNIVERSITY**  
**UNIVERSITY EXAMINATIONS 2013/2014**  
**CITY CAMPUS AND NAKURU**

**SECOND SEMESTER EXAMINATION FOR THE DEGREE OF MASTER OF ARTS**

**APS 813: ADDICTION COUNSELLING**

**DATE: MONDAY 7<sup>TH</sup> APRIL 2014**

**TIME: 5.30 P.M. – 8.30 P.M.**

**INSTRUCTIONS: Answer question one and any other two.**

1. A 35-year old woman who lost her job and ruined her marriage due to abuse of alcohol, cannabis and prescription medications has finally been admitted at a treatment centre where you happen to be her primary counselor. Based on her case describe the treatment continuum that you would use to help her. (20 marks)
  
2.
  - a) Compare and contrast Co-Dependency behaviour and dependency Personality Disorder. (8 marks)
  - b) Discuss the importance of family in assessment, treatment and aftercare services of a recovering abuser. (12 marks)
  
3.
  - a) Discuss any three non-chemical addictive behaviors. (12 marks)
  - b) Explain interventions that a psychologist may use to assist in non-chemical addictive behaviors. (8 marks)
  
4.
  - a) Describe any five-psycho-emotional manifestations of burn-out. (10 marks)
  - b) Suggest intervention strategies that an individual and organization may adopt to deal with burn out. (10 marks)
  
5.
  - a) Discuss the extent to which lifestyle behaviors contribute to morbidity and mortality of people living in towns in Kenya. (12 marks)
  - b) Critically examine psychosocial interventions that could curb the problems associated with lifestyle behaviors. (8 marks)

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