



KENYATTA UNIVERSITY

UNIVERSITY EXAMINATIONS 2016/2017

SECOND SEMESTER EXAMINATION FOR THE DEGREE OF MASTER OF ARTS

APS 816: PROFESSIONAL AND ETHICAL ISSUES IN COUNSELLING

DATE: Monday, 15th May 2017

TIME: 5.30 p.m. - 8.30 p.m.

INSTRUCTIONS:

ANSWER QUESTION 1 AND ANY OTHER TWO QUESTIONS

1. Helga just graduated as a counseling psychologist and is planning to set up her own private practice in a slum dwelling, an area that has diverse population. She has come to you as her peer for guidance. Discuss the advice you will give her regarding the following ethical issues:
 - a) Competence and Self-Care (10 Marks)
 - b) Confidentiality and Privileged Communication. (10 marks)
2. Risa is a 38 year old banker. He has been your client for the past four months. So far he has made good progress although he still has several sessions to go. Risa sends you a message that he was retrenched during a recent restructuring program at his work place. Therefore, he cannot afford to pay for the sessions since he is the sole bread winner and he is struggling to put food on the table for his family. He is emotionally devastated.
 - a) Discuss the ethical and professional issues that would arise in this case. (10 Marks)
 - b) What steps would you take to deal with these issues. (10 Marks)
3. You are a counselor in Pepe primary school. You are currently seeing a standard eight female student for both academic and personal counseling. Her parents have recently divorced and she is having problems coping, as evidenced by a significant drop in grades and changes in social behavior. In one of the sessions, she relates to you that is sexually active with her new boyfriend, who is much older and also in high school. She tells you that they do not use any

form of birth control and that she is not the kind to get pregnant. Later in the session, she acknowledges the desire to get pregnant and get a baby because she thinks that it will be a remedy to her current family problems. She says that her boyfriend is unaware of her desire to get a baby and she has no intention of telling him until she is sure she is pregnant.

- a) Supporting your answer with reasons, explain your responsibility as a counselor to the following:
 - i) The client?
 - ii) The boyfriend?
 - iii) To the student's parents?
 - iv) The school? (12 Marks)
 - b) In reference to the case study, explain how burnout of this counselor would affect the outcome of this counseling process and what can be done to prevent it. (8 Marks)
4. "Being a Kenyan counselor without an active code of ethics that makes counselors accountable in ethical behavior and decision making does pose ethical and professional issues". Using examples, critically analyze this statement. (20 Marks)
5. In the absence of a clear answer in the ethical code, a counselor should implement an ethical decision-making model. Critically analyze the Koocher and Keith-Spiegel's ethical decision-making process. (20 Marks)