



KENYATTA UNIVERSITY

UNIVERSITY EXAMINATIONS 2010/2011

INSTITUTE OF OPEN LEARNING

EXAMINATION FOR THE DEGREE OF BACHELOR OF EDUCATION

ECT 316: SUBJECT METHODS: PHYSICAL EDUCATION

DATE: TUESDAY, 1ST FEBRUARY 2011

TIME: 8.00 A.M. - 10.00 A.M.

INSTRUCTIONS: Answer Question ONE and any other TWO questions.

1. Twenty minutes into your Physical Education lesson, a student falls from a collision with another. On examination you find he has sustained a sprain and deep cut on the right knee.
 - i) Explain how you would handle the situation. (20 marks)
 - ii) How would you use the experience in this lesson to prepare for the next lesson. (5 marks)
 - iii) Give a statement of your possible lesson remarks after teaching your lesson. (5 marks)
2. Your school where you are the school games master, has been appointed to host a major soccer tournament involving thirty (30) school teams.
 - i) With adequate details, show - how you would handle the preparations, actual tournament and the post tournament stages. (15 marks)
 - ii) How is the role of a games master related to that of the Physical Education teacher? (5 marks)
3.
 - i) With an appropriate example to illustrate your answer, explain the 'direct method' of teaching in Physical Education. (10 marks)
 - ii) Justify why you would use the 'direct method' in teaching a named skill in any game or sport. (10 marks)

4. Compare the teaching of Physical Education in the pre-colonial Kenyan societies and in the modern Kenyan society in relation to:
- i) Teaching methods (5 marks)
 - ii) Teaching objectives (5 marks)
 - iii) Facilities and equipment (5 marks)
 - iv) The teaching content (5 marks)
5. Physical Education activities are very popular in Kenyan schools. However, majority of the secondary school graduates do not engage in regular physical activities beyond the school period.
- i) Identify the factors that lead to non involvement in regular physical activity in the post secondary school life. (10 marks)
 - ii) Give practical solution on how to overcome the identified factors in 5(i) above. (10 marks)
