



KENYATTA UNIVERSITY

UNIVERSITY EXAMINATIONS 2011/2012

INSTITUTIONAL BASED PROGRAMME (IBP) – DECEMBER SESSION

EXAMINATION FOR THE DEGREE OF MASTER OF EDUCATION

EFN/M/531: INTRODUCTION TO HEALTH AND EDUCATION

DATE: Wednesday, 2nd May, 2012

TIME: 2.00 p.m. – 5.00 p.m.

INSTRUCTIONS: Answer any **THREE** of the following questions.

1. a) What do you understand by the terms health and health education?
(5 marks)
 b) Explain how inequality could affect the health of people in a developing country of your choice.
(18 marks)
2. a) With relevant examples, show the relationship between health education research and policy development.
(5 marks)
 b) Illustrate with relevant examples how health education research could be used in policy making, policy modification and policy implementation with regard to health promotion in Kenya.
(18 marks)
3. Discuss the determinants of health based on the WHO's holistic understanding of health.
(23 marks)
4. a) What is the meaning of health promotion in schools?
(5 marks)
 b) Discuss the role of health education as a strategy for health promotion and disease prevention?
(18 marks)
5. Discuss at least five (5) health issues which should be addressed within the contemporary health education programmes.
(23 marks)