



KENYATTA UNIVERSITY
UNIVERSITY EXAMINATIONS 2016/2017
THIRD SEMESTER EXAMINATION FOR
DIPLOMA IN PRIMARY TEACHER EDUCATION
EPS 151: GUIDANCE AND COUNSELING

DATE: Friday 21st July, 2017

TIME: 4.30 p.m. - 6.30 p.m.

INSTRUCTIONS:

Answer question **ONE** and any other **TWO** other questions

Question One

- (a) Explain two factors which have led to greater need for counseling in Kenyan primary schools today (4 marks)
- (b) In the context of counseling, explain why a counselor requires knowledge of the concepts “apathy”, “sympathy” and “empathy”. (3 marks)
- (c) Explain what you understand by the following, giving one example of each
 - (i) Development counseling
 - (ii) Preventive counseling
 - (iii) Crisis counseling (6 marks)
- (d) What do you understand by “core counseling skills”? Explain any two such skills (3 marks)
- (e) You have counseled a student with low self-esteem challenge using “paraphrasing”, “Self-disclosure”, “concreteness”, and “active listening”. For each of the four skills, explain why you used it (8 marks)
- (f) Explain any three reasons why choosing a career is not easy for Kenyan students in the present time (6 marks)

Question Two

Explain why, as a counseling teacher, one requires knowledge about the following:

- (i) The meaning of psychological maladjustment, its causes and ways of preventing it (10 marks)
- (ii) Motivation and its role in maintaining behavior (10 marks)

Question Three

Counseling is referred to as a stage process

- (a) Explain why counseling is referred to as a
 - (i) Process (5 marks)
 - (ii) Special relationship (5 marks)
- (b) Discuss the stages of the counseling process, explaining
 - (i) What the counselor and client aim to achieve at each stage (4 marks)
 - (ii) Two key skills a counselor requires at each stage (6 marks)

Question Four

- (a) Explain why knowledge of counseling theories is necessary for a person training to become a teacher (8 marks)
- (b) Choose any two psychological theories and explain the following using each of them
 - (i) How maladjusted behavior comes about (6 marks)
 - (ii) How a teacher can help a student with such maladjusted behavior (6 marks)