



KENYATTA UNIVERSITY
UNIVERSITY EXAMINATIONS 2009/2010
INSTITUTIONAL BASED PROGRAMME (APRIL SESSION)
EXAMINATION FOR THE DEGREE OF MASTER OF ARTS
(COUNSELING PSYCHOLOGY)

APS 518: GROUP COUNSELING

DATE: Friday 3rd September 2010

TIME: 9.00a.m – 12.00p.m

INSTRUCTIONS: Answer question ONE and any other TWO.

1.
 - a) Define the term Group Therapy. [2marks]
 - b) Using relevant examples discuss four reasons that make counselors choose group approach in counseling clients. [12marks]
 - c) Explain three disadvantages for practicing group Therapy. [8marks]
2.
 - a) Discuss four factors that influence group Therapy. [8marks]
 - b) Explain six characteristics of an effective group leader, use examples to illustrate your answer. [12marks]
3. Briefly explain the following approaches to groups.
 - i) Existential Therapy
 - ii) Person centered Therapy
 - iii) Gestalt Therapy
 - iv) Psychodrama Therapy
 - v) Rational Emotive Behaviour Therapy [20marks]
4.
 - a) With examples discuss Five Ethical issues/concerns in Group Therapy. [20marks]
5. Describe the stages of group process. [20marks]