



KENYATTA UNIVERSITY

UNIVERSITY EXAMINATIONS 2009/2010

INSTITUTE OF OPEN LEARNING EXAMINATION FOR THE DEGREE OF MASTER OF EDUCATION IN GUIDANCE AND COUNSELLING EGC 507: INTRODUCTION TO COUNSELING PRACTICUM

DATE: Friday 19th February, 2010

TIME: 2.00 p.m. – 5.00 p.m.

INSTRUCTIONS

- Write your registration number and your centre on every booklet you use.
- Answer question No. 1 and any other TWO questions.

- List and explain five areas that a school counselor should address.
[10 marks]
 - Briefly explain each of the following counseling goals:
 - Cognitive goals
 - Developmental goals
 - Enhancement goals [12 marks]
 - Briefly explain the purpose of each of the following counseling skills:
 - Paraphrasing
 - Active listening
 - Structuring
 - Reflection [8 marks]

[Total 30 marks]
- Briefly explain each of the following 'family principle':
 - Individual and family principle
 - The principle of the past, present and future
 - The family institution principle
 - The 'counselor subsystem' principle. [20 marks]
- What are assumptions? [5 marks]

4. Explain the following counseling concepts that characterize and effective counseling relationship as proposed by Tyler (1969) and Gilmore (1923):

- Empathy
- Unconditional positive regard
- Genuineness
- Support vs challenge
- Emotional closeness Vs emotional distance.

[20 marks]

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