



KENYATTA UNIVERSITY

UNIVERSITY EXAMINATIONS 2010/2011

FIRST SEMESTER EXAMINATION FOR THE DEGREE OF MASTER OF
EDUCATION (GUIDANCE AND COUNSELLING)

EGC 508: COUPLES AND FAMILY THERAPY

DATE: FRIDAY 26TH NOVEMBER 2010

TIME: 2.00 P.M. - 5.00 P.M.

INSTRUCTIONS:

SECTION A: ANSWER ALL QUESTIONS IN THIS SECTION (20 MARKS)

1. What do we mean by saying that a family is a social system. (3 marks)
2. Actions by an individual family member will influence all others in the family and their reactions will have a reciprocal effect on the individual: Discuss the statement with a family from your ethnic group in mind. (5 marks)
3. Discuss the family concepts of structure, subsystems and boundaries by Salvador Minuchin. (6 marks)
4. Discuss the need for a counselor to include gender, culture and ethnicity in counselling of families. (6 marks)

SECTION B (50 MARKS)

ANSWER TWO QUESTIONS FROM THIS SECTION.

5. Gender, culture and ethnicity are three (3) key interrelated factors in shaping family life.
 - (a) With clear definitions differentiate between gender, culture and ethnicity . (9 marks)
 - (b) Discuss how cultural diversity affects counseling. (6 marks)

- (c) How can non sexist approach be used to counteract the possible emanating problems from number (b) above.
- 6. (a) With clear examples discuss the concepts of differentiation of self and “triangulation” by Murray Bowen.
(b) What are the advantages of being clearly differentiated and detriangulated.
- 7. (a) Discuss with examples the concepts of Family Structure, Subsystems and Boundaries. (12 marks)
(b) What are the disadvantages of rigid and enmeshed family boundaries? (8 marks)
(c) What are the counseling implications of Boundary Setting in a traditional African Family? (5 marks)
