



KENYATTA UNIVERSITY
UNIVERSITY EXAMINATIONS 2010/2011
OPEN, DISTANCE AND E-LEARNING EXAMINATION FOR THE DEGREE
OF MASTER OF EDUCATION (GUIDANCE AND COUNSELLING)

EGC 511: FAMILY PSYCHOLOGY

DATE: Saturday 5th February 2011

TIME: 2.00p.m – 5.00p.m

INSTRUCTIONS: Answer Question ONE (1) and thy other TWO questions.

1.
 - a) Explain the relevance of Family Psychology to a counselor. [4marks]
 - b) Explain four psychological reactions to stress. [8marks]
 - c) Is alcoholism a disease? Discuss. [12marks]
 - d) Make three recommendations to a person who would want to stop abusing alcohol. [6marks]
2.
 - a) Using systems approach theory, explain the concept of family interactions. [10marks]
 - b) Suggest five recommendations to a mother who is going through conflicts with her adolescent child. [10marks]
3.
 - a) Single parents are more likely to use abuse forms of violence towards their children than married couples. Discuss. [8marks]
 - b) Explain four challenges faced by children who are brought up by single parents. [8marks]
 - c) Make four recommendations to adolescent whose parents are going through a divorce. [4marks]
4. Some people hold on to abusive and dysfunctional marriages.
 - a) Justify the rationalizations used by such people to hold on. [12marks]
 - b) Recommend techniques that an individual could use to deal with such situations. [8marks]