

1.
 - a) Explain how children acquire maladaptive behaviour according to:-
 - i) Behaviourist perspective (4 marks)
 - ii) Social cognitive learning perspective (4 marks)
 - iii) Cognitive behavioural perspective (4 marks)
 - b) Name and describe a classical conditioning principle that may be applied to change behaviour of drug addicts. (9 marks)
 - c) Explain how you would apply the principle of functional analysis during behaviour modification of a person who has decided to quit smoking. (9 marks)
2.
 - a) Alcohol abuse is common among students. Describe harmful effects alcohol. (5 marks)
 - b) Describe five strategies that a teacher counsellors may apply to change behaviour of students abusing alcohol. (10 marks)
 - c) Design an alcohol abuse prevention programme for schools. (5 marks)

3. a) Define the term extinction and describe two principles of behaviour modification that apply extinction. (10 marks)
- b) Define social skills training and explain how you will apply this principle to change behaviour of disobedient students.
4. a) Define the following terms
- i) behaviour modification
- ii) Lifestyle rehabilitation. Illustrate your answer with examples (8 marks)
- b) Design a behaviour modification and lifestyle rehabilitation for an obese/overweight student. Give the rationale for the strategies used. (12 marks)
5. a) Define truancy and explain its
- i) home
- ii) school based causes (4 marks)
- b) Describe at least three problems associated with truancy
- c) Describe three behaviour modification principles you will apply to change the behaviour of truants.