



KENYATTA UNIVERSITY

UNIVERSITY EXAMINATIONS 2010/2011

INSTITUTIONAL BASED PROGRAMME (IBP) AUGUST SESSION
EXAMINATION FOR THE DEGREE OF MASTER OF EDUCATION
(GUIDANCE AND COUNSELLING)

EGC 515: BEREAVEMENT AND WIDOWHOOD

DATE: TUESDAY, 28TH DECEMBER 2010

TIME: 9.00 A.M – 12.00 NOON

INTRODUCTIONS:

Answer Question **ONE** and any other **TWO** Questions

- Q1) a) What is bereavement? Discuss Worden (2002) principles or guidelines to help bereaved persons from helplessness to hopefulness. (10 marks)
- b) What is the role of support groups in the management of grief? Describe types of support groups available to bereaved persons in the Kenyan community. (10 marks)
- c) What is the importance of studying theories of loss and bereavement? Describe
- (i) Loss as psychosocial transition theory by Peter Marquis (1986)
- (ii) Theory of grief elements by Linderman (1944) (10 marks)
- Q2) a) Differentiate between interpersonal and interpersonal mourning. (4 marks)
- b) What tasks in mourning would counsellors recommend for persons who have experienced traumatic losses? (10 marks)
- c) What are mourning outcomes? Illustrate your answer with examples. (4 marks)

- Q3) a) What is suicide? What are the causes and warning signs of suicidal behaviour? What are the consequences of suicide in the family?(14 marks)
- b) Describe the treatment you would recommend for
- (i) Survivors of suicide
 - (ii) Family members and friends of suicide deaths (8 marks)
- Q4) What are primary and secondary losses for (i) Orphans (ii) Windows cope with their losses. (10 marks)
- Q5) a) What is the impact of spouse loss to the surviving partners. What challenges and problems are experienced by (i) windows and widowers (10 marks)
- b) Describe the coping strategies you as a counselor would teach the surviving partners. (8 marks)

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