



KENYATTA UNIVERSITY

UNIVERSITY EXAMINATIONS 2010/2011

INSTITUTIONAL BASED PROGRAMME (APRIL SESSION)

EXAMINATION FOR THE DEGREE OF MASTER OF EDUCATION

(EDUCATIONAL PSYCHOLOGY)

PSY/MED/504: GUIDANCE AND COUNSELLING

DATE: Tuesday 28th December 2010

TIME: 2.00p.m -5.00p.m

INSTRUCTIONS

Answer question One and other two questions

Question 1 (30marks)

- a) Differentiate between guidance and counselling. [4marks]
- b) Explain common counselling issues in school. [5marks]
- c) Give five (5) ethical issues involved in group counselling. [5marks]
- d) State five (5) roles of a teacher counsellor in a school setting. [5marks]
- e) Explain reasons why counselling services in some schools are not effective. [5marks]
- f) Briefly explain different types of counsellors. [6marks]

Question 2

- a) Discuss the efficacy and drawbacks of individual and group counselling when used in schools. [10marks]
- b) Critically discuss the forms of counselling in traditional African Society. [10marks]

Question 3

- a) Trace the history of guidance and counselling movements in the USA schools. [12marks]
- b) Discuss the stages in the development of a group for guidance and counselling [8marks]

Question 4

- a) Critically discuss any five (5) counselling approaches showing strength and weaknesses of each. [15marks]
- b) Explain the reasons why a human being may require counselling. [5marks]

Question 5

- a) Discuss the stages of the helping model. [10marks]
- b) Critically discuss the skills that a good counsellor must possess. [10marks]