



KENYATTA UNIVERSITY

UNIVERSITY EXAMINATIONS 2007/2008

INSTITUTE OF OPEN LEARNING

**FIRST SEMESTER EXAMINATION FOR THE DEGREE OF MASTER OF
EDUCATION**

PSY/MED/EGC/508: COUPLES AND FAMILY THERAPY

DATE: Monday 7th January 2008

TIME: 9.00 a.m. – 12.00 Noon

INSTRUCTIONS:

Answer all short answer questions in Section A. Answer any TWO essay questions from Section B.

SECTION A

1. What do we mean by saying that a family is a social system?
2. From a relationship perspective, we can better understand the development of symptomatic behaviour in a family as a manifestation of a disfunction taking place within the family system. Discuss this statement.
3. What are the demands Kempler (1981) insists that an effective therapeutic encounter must meet?
4. Discuss the therapy goals and therapists roles and function by Salvador Minuchin the structural approach therapist.

SECTION B

Answer two questions from this section (50 marks)

1. (a) With clear examples discuss the concepts of “Differentiation of self” and “Triangulation” by Murray Bowen.
(b) What are the advantages of being clearly differentiated and de-triangulated?

- (c) Discuss the cultural implication of differentiation and triangulation from an African (Kenyan) point of view.
- 2. (a) Discuss the four dysfunctional styles by Virginia satir. (10 marks)
- (b) How would you as a counsellor nector intervene in brining about congruent ways of communicating within a family?
- (c) What are the cultural and gender implication of family counselling?
- 3. (a) Discuss with examples the family concepts of family structure, family subsystems and boundaries.
- (b) What are the disadvantages of rigid and enmeshed family boundaries.
- (c) What are the counselling implications of boundary setting in a traditional African family?
