



KENYATTA UNIVERSITY

UNIVERSITY EXAMINATIONS 2013/2014

SECOND SEMESTER EXAMINATION FOR THE DIPLOMA IN PRIMARY

TEACHER EDUCATION

EPS 151: GUIDANCE AND COUNSELING

DATE: Tuesday, 1st April, 2014

TIME: 8.00 a.m. – 10.00 a.m.

INSTRUCTIONS:

This paper has **FOUR** questions.

Question **ONE** is **Compulsory**.

Answer **ANY TWO** other questions.

- Q.1 a) Distinguish between the concepts Guidance and Counseling. (4 marks)
- b) Explain the following aims of counseling services in schools: (6 marks)
- i) Morale building
 - ii) Personal development
 - iii) Remedial Counseling
- c) Explain any one principle of (4 marks)
- i) Guidance
 - ii) Counseling
- d) Explain any two qualities of an effective school counselor (4 marks)
- e) State the key concepts which must be included in a full definition of learning. (4 marks)
- f) i) Define attitude (2 marks)
- ii) Explain the three components of attitude (6 marks)

Q.2 Explain how the following counseling theories may assist you as a school guidance and counseling teacher to explain how students acquire wrong behaviour and how such behaviour can be changed

- i) Psycho analytic Theory of Counseling
- ii) Behavioral theory of counseling
- iii) Rational Emotive Theory of Counseling
- iv) Humanistic Theory of Counseling

(20 marks)

Q.3 a) Explain why both extrinsic and intrinsic motivation principles should be applied by a teacher in the classroom, giving one illustration of each.

(6 marks)

b) Explain the role which each of the following serve in the teaching-learning situation, giving one illustration for each.

- i) Affiliative motives
- ii) Prestige motives

(6 marks)

c) How may the following become motives for students' behaviour

- i) Fear
- ii) Anxiety
- iii) Punishment

(6 marks)

d) Explain the concept "Learned helplessness".

(2 marks)

Q.4 a) In the course of their high school education, a good number of students develop a negative attitude to Mathematics as a subject.

i) Explain three ways in which such negative attitude may come about.

ii) Explain any two ways in which such negative attitudes can be changed.

(4 marks)

b) Explain any five factors which affect learning in the school situation.

(10 marks)