



KENYATTA UNIVERSITY

UNIVERSITY EXAMINATIONS 2007/2008

INSTITUTE OF OPEN LEARNING

**FIRST SEMESTER EXAMINATION FOR THE DEGREE OF BACHELOR OF
EDUCATION**

ECD 036: GUIDANCE AND COUNSELLING

DATE: Friday 11th January 2008

TIME: 10.30 a.m. – 12.30 p.m.

INSTRUCTIONS

There are two sections in this paper. Attempt ALL a questions in Section A and any TWO from Section B.

SECTION A

Short answers questions. (30 marks)

Q. 1 Define the following terms.

- (a) Guidance
- (b) Counselling (5 marks)

Q. 2 Distinguish between the following concepts;

- (a) Group counseling and individual counseling.
- (b) Counsellor an counselee. (5 marks)

Q. 3 Explain clearly any five principles of counseling. (5 marks)

Q. 4 (a) What is a theory? (2 marks)

- (b) Briefly describe any one theory of counseling. (3 marks)

Q. 5 Identify any five categories of children who require counseling services. (5 marks)

Q. 6 State five importance of guidance and counseling knowledge to a pre-school teacher. (5 marks)

SECTION B: (40 marks)

Long answer questions.

- Q. 7 (a) Define the term behaviour. (2 marks)
- (b) Discuss any five anti-social behaviour common in children that require counseling and explain how each behaviour can be solved. (15 marks)
- Q. 8 (a) Describe any five qualities of an effective counselor. (5 marks)
- (b) Explain why each of the above qualities are important for any counselor. (15 marks)
- Q. 9 (a) Discuss the process of counseling. (10 marks)
- (b) Giving reasons, explain why counseling is regarded as a profession. (10 marks)
- Q. 10 Grace is a pupil in one of the city pre-schools. She is always caught up stealing other children's items. She also abuses other children.
- (a) Explain the possible causes of her anti-social behaviour. (10 marks)
- (b) Discuss five possible ways you would use to correct this behaviour in her. (10 marks)