



KENYATTA UNIVERSITY

UNIVERSITY EXAMINATIONS 2011/2012

MOMBASA AND MAIN CAMPUS

INSTITUTIONAL BASED PROGRAMME (IBP) – DECEMBER SESSION
EXAMINATION FOR THE DEGREE OF BACHELOR OF EDUCATION
(EARLY CHILDHOOD STUDIES)

ECE 105: HEALTH EDUCATION AND PRACTICES

DATE: FRIDAY, 4TH MAY 2012

TIME: 11.00 A.M – 1.00 P.M

INSTRUCTIONS:

There are TWO sections in this Paper. Attempt ALL Questions in Section A, AND any other **TWO** Questions from Section B

Section A: (30 marks) Short Answer questions

1. Explain the meaning of the following as discussed in health education and practices
 - (i) Exclusive Breastfeeding
 - (ii) Primary health care (PHC) [6 marks]
2. Explain three disadvantages of passive immunization. [6marks]
3. Highlight SIX characteristics of a healthy child. [6 marks]
4.
 - a) What is personal hygiene ? [2 marks]
 - b) Briefly explain any four children's personal hygiene practices. [4 marks]
5. Briefly explain any three unhealthy practices that may be dangerous to health of children. [6 marks]

SECTION B (40 MARKS) ESSAY ANSWER QUESTIONS:

6. a) Identify five common childhood diseases and suggest ways we can control them. [5 marks]
- b) A clean environment is an important component of PHC. Discuss the practices that caregiver should embrace in order to promote environmental hygiene. [15 marks]
7. You intend to conduct a seminar on HIV / AIDS Transmission, Infection stages and management for preschool teachers in your county. Discuss the points you will have to include in on the following headings.
- (i) Transmission modes [5 marks]
- (ii) HIV/ AIDS Myths [5 marks]
- (iii) Infection stages [5 marks]
- (iv) Management [5 marks]
8. a) Explain the principles of PHC [10 marks]
- b) Identify and explain any give elements of PHC. [10 marks]
9. a) Antenatal care is a crucial component of PHC . Discuss the information required at this level. [10 marks]
- b) Bamako initiative is a regional primary healthy care strategy. Highlight clearly the main focus of the initiative in combating diseases. [10 marks]