



KENYATTA UNIVERSITY

UNIVERSITY EXAMINATIONS 2009/2010

INSTITUTIONAL BASED PROGRAMME

APRIL SESSION

EXAMINATION FOR THE DEGREE OF BACHELOR OF EDUCATION
(EARLY CHILDHOOD EDUCATION)

ECE 408: MATERNAL AND CHILD NUTRITION

DATE: Thursday 2nd September 2010

TIME: 4.30p.m – 6.30p.m

INSTRUCTIONS:

Answer ALL Questions in this section A and choose TWO from Section B.

SECTION A: Short answer Questions 30 marks

1. Define the following terms (a) epidemiology (b) morbidity (c) health
[6 marks]
2. Citing examples, explain how under nutrition makes infection worse.[6 marks]
3. What is measles? Briefly describe the causes and symptoms of measles among young children.
[6 marks]
4. Exclusive breast feeding is crucial in the first six months of live. Briefly discuss.
[6 marks]
5. Heart burn, constipation and vomiting are complications common among pregnant mothers. Briefly explain how mothers should deal with each of these complications
[6 marks]

SECTION B: Long answer Questions 40 marks

6. You have been asked to give a talk to pregnant mothers' on nutrition during pregnancy. What points would you include in your talk? [20 marks]
7. You have been asked to give a lecture to parents on the effect of food allergy in children's health. What points would you incorporate in your lecture? .
[20 marks]

8. What is immunization? Many mothers do not take their babies for immunization. What advice can you give to such mothers to understand the importance of immunization and when it is convenient to immunize children? [20 marks].
9. What is weaning? During weaning, many mothers get confused on what food and how to wean their babies. What advice would you give to such mothers? [20 marks]

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