



KENYATTA UNIVERSITY
UNIVERSITY EXAMINATIONS 2010/2011
FIRST SEMESTER EXAMINATION FOR THE DEGREE OF BACHELOR OF
EDUCATION (EARLY CHILDHOOD STUDIES)
ECE 413: GUIDANCE AND COUNSELLING

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DATE: MONDAY 22ND NOVEMBER 2010 TIME: 8.00 A.M. - 10.00 A.M.

INSTRUCTIONS

SECTION A: Answer ALL Questions In This SECTION (30 MARKS)

1. Describe three characteristics of an effective counselor. (6 marks)
2. List six advantages of using peer counseling. (6 marks)
3. Using a relevant example, explain what is meant by the “ABC principle”. (6 marks)
4. Describe the first three basic steps in behaviour modification. (6 marks)
5. Describe three differences between “Guidance” and “Counseling”. (6 marks)

SECTION B

Choose TWO questions in this Section (40 marks)

6. You have been asked to give a lecture in a college that offers Early childhood Development courses on when it would be best to use individual counselling and when it would be appropriate to use group counseling. Write a detailed essay on the issues you would talk about. (20 marks)
7. Write a detailed essay on why play therapy would be the most effective counseling means to use with young children. (20 marks)
8.
 - a) Discuss the various reasons that might lead to marriages breaking down. (10 marks)
 - b) How would a counsellor try to mend a marriage that seems to be falling apart? (10 marks)
9. Counsellors sometimes have to use tests while working with clients. Write a detailed essay on what you view as the advantages and disadvantages of using these tests. (20 marks)