



KENYATTA UNIVERSITY

UNIVERSITY EXAMINATIONS 2009/2010

FIRST SEMESTER EXAMINATION FOR THE DEGREE OF BACHELOR OF
SCIENCE

HFN 418: NUTRITION INTERVENTIONS

DATE: WEDNESDAY, 23RD DECEMBER 2009

TIME: 11.00 A.M. - 12.00 P.M.

INSTRUCTIONS: ANSWER ALL QUESTIONS IN SECTION A AND B.

SECTION A

1. Briefly explain the following terms:
 - (a) Nutrition intervention (2 marks)
 - (b) Nutritionally vulnerable (2 marks)
 - (c) Targeting (2 marks)
 - (d) Mean per capita energy requirement (2 marks)
 - (e) Fortification of foods (2 marks)

2. Distinguish between the following:
 - (a) Supplementary and therapeutic feeding (4 marks)
 - (b) Nutrition Information and Nutrition education (4 marks)
 - (c) Targeted supplementary feeding and blanket SFPs (4 marks)

SECTION B

3. As a project officer you are required to recommend and implement an appropriate nutrition intervention in a community. Explain the steps you would follow in setting up the intervention. (20 marks)

4. Nutrition information, education and communication (IEC) approaches vary in different contexts.
- (a) Describe the four main themes that can be addressed through a nutrition IEC approaches (12 marks)
 - (b) Explain the four steps involved in identifying the key nutrition messages and the appropriate medium for communication. (8 marks)
 - (c) A successful IEC approach has the following characteristics, state. (8 marks)
