



KENYATTA UNIVERSITY
UNIVERSITY EXAMINATIONS 2010/2011
INSTITUTE OF OPEN LEARNING
EXAMINATION FOR THE DEGREE OF MASTER OF SCIENCE
HLR 502: LEISURE COUNSELLING AND CHANGE MANAGEMENT

DATE: Tuesday 1st February, 2011

TIME: 9.00 a.m. – 12.00 p.m.

INSTRUCTIONS

Answer any 3 questions.

1. Analyze the use of the three types of leisure counseling. [24 marks]
2. Explain an individuals ability to adapt effectively to change under the following:
 - (a) Personal determinants to quality of life. [12 marks]
 - (b) Environmental determinants to quality of life. [12 marks]
3. Elaborate on the characteristics of an effective leisure counselor. [24 marks]
4. Discuss the three stage counseling model in relation to leisure counseling. [24 marks]
5. Elaborate on the basic change management principles and how to apply them during organizational transition. [24 marks]

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