



KENYATTA UNIVERSITY

UNIVERSITY EXAMINATIONS 2011/2012

SECOND SEMESTER EXAMINATION FOR THE DEGREE OF BACHELOR
OF SCIENCE (LEISURE AND RECREATION MANAGEMENT)

SLR 107: SOCIAL PSYCHOLOGY IN SPORTS AND RECREATION

DATE: Friday, 30th March, 2012

TIME: 8.00 a.m. – 10.00 a.m.

INSTRUCTIONS:

Answer question **ONE (Compulsory)** and any other **TWO** questions.

Answer each question in a separate booklet.

1. Discuss social psychology in relation to sports, leisure, exercise and recreation
(23.3 marks)
2. With the use of examples, elaborate on defence mechanism in sports situations under the psychodynamic theory of social psychology. (23.3 marks)
3. Outline key elements of group dynamics and main topical issues that affect sports and recreation personalities. (23.3 marks)
4. Explain the application of imagery and mental practice in sports, leisure and recreation. (23.3 marks)
5. Outline key topical issues under study in social psychology with their relevance to sports, leisure and recreation. (23.3 marks)