



KENYATTA UNIVERSITY

UNIVERSITY EXAMINATIONS 2008/2009

SECOND SEMESTER EXAMINATION FOR THE DEGREE OF BACHELOR OF SCIENCE (LEISURE AND RECREATION)

SLR 200: SKILL DEVELOPMENT IN PHYSICAL ACTIVITY

DATE: Friday 3rd April, 2009

TIME: 2.00 p.m. – 4.00 p.m.

INSTRUCTIONS

Answer any THREE questions, each in a separate booklet.

1. (a) Analyse the information processing model in skill performance.
[15 marks]
(b) Explain why players in handball always move to block fake shots or passes during team defence.
[5 marks]
2. (a) Use tug-of-war sport to discuss how the sporting environment affects the skills performance within and between the teams.
[8 marks]
(b) Use the following phases to describe how attack and defence techniques in tug-of-war may be learnt.
 - Cognitive
 - Associative
 - Autonomous[12 marks]
3. (a) Identify a closed skill in volleyball and explain the instances when the same skill may be viewed as an open skill.
[8 marks]
(b) Explain how guidance, practice and experience would affect the learning of the closed skill identified above.
[12 marks]
4. (a) Distinguish between extroverts and introverts sports preferences.
[8 marks]

- (b) Using tennis as an example of indirect aggression sport:
 - (i) Use description of aggression in sport to support the terms direct and indirect aggressions. [8 marks]
 - (ii) Describe instances when this sport may be seen as a direct aggression sport. [4 marks]
- 5. (a) Explain the safety precautions for facilities and equipment when developing skills in physical activities. [12 marks]
- (b) Explain the use of each piece of protective equipment worn by the hockey goal keeper during skill performances. [8 marks]

.....