



KENYATTA UNIVERSITY

UNIVERSITY EXAMINATIONS 2007/2008

INSTITUTIONAL BASED PROGRAM

EXAMINATION FOR THE DEGREE OF BACHELOR OF SCIENCE

EPE 302 – SLR 305: EXERCISE PHYSIOLOGY

DATE: Thursday 28th August, 2008

TIME: 11.00 a.m. – 1.00 p.m.

INSTRUCTIONS

Answer any THREE questions.

1. Describe the ergogenic aids used in sports. [23½ marks]
2. Analyse the physiological responses that occur when exercising in a hypoxic environment. [23½ marks]
3. Analyze the possible health risks of exercise in the heat and cold environment. [23½ marks]
4. Explain the physiological mechanisms through which exercise may contribute to the prevention of coronary conditions. [23½ marks]
5. Analyse the Cardiovascular response to Exercise. [23½ marks]

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