



KENYATTA UNIVERSITY

UNIVERSITY EXAMINATIONS 2011/2012

INSTITUTIONAL BASED PROGRAMME (IBP) – DECEMBER 2011 SESSION

EXAMINATION FOR THE DEGREE OF BACHELOR OF SCIENCE IN
COMMUNITY RESOURCE MANAGEMENT

HCR 101: HUMAN GROWTH AND DEVELOPMENT ACROSS LIFESPAN

DATE: Thursday, 3rd May, 2012

TIME: 8.00 a.m. – 10.00 a.m.

INSTRUCTIONS:

Answer **ALL** questions in Section A.

Answer any **TWO** questions from Section B.

SECTION A – 40 MARKS

1. Define the following terms as used in human growth and development.
 - a) Dominant gene
 - b) Anorexia Nervosa
 - c) Heterozygous
 - d) Oedipus complex
 - e) Climacteric

(10 marks)
2. Using relevant examples, discuss any **three** themes of human development.

(9 marks)
3. Prenatal development is the stage between conception and birth and it's divided into three period. Discuss the **three** periods.

(9 marks)

4. Describe **three** features of cognitive development in middle childhood according to Jean Piaget's theory of human development. (6 marks)
5. Adulthood is seen as the period of maturity. Briefly explain **three** reasons why Crystallization is during early adulthood. (6 marks)

SECTION B – 30 MARKS

Answer any **TWO** questions from this Section.

6. You are working at a baby wellness clinic in Nairobi Hospital. Discuss **three** ways you will use to assess infant development and briefly outline the **three** importance of this assessment. (15 marks)
7. Jane is a social worker with a local NGO-Help Age Kenya. She has been asked to give a talk to the caregivers of a hospice on aging and late adulthood for quality service delivery. Analyze the **five** stages of dying that she included in her discussion. (15 marks)
8. Guidance and counseling is critical especially while working with the adolescents. As a counselor in a girl's boarding school in Kibera slums, describe **three** negative behaviors that are associated with early maturity of girls and how you would help them to overcome them. (15 marks)