



KENYATTA UNIVERSITY
UNIVERSITY EXAMINATIONS 2017/2018
DIGITAL SCHOOL OF VIRTUAL AND OPEN LEARNING
SECOND SEMESTER EXAMINATION FOR THE DEGREE OF BACHELOR OF
SECURITY MANAGEMENT AND POLICING STUDIES
KPS 307: PRINCIPLES OF COUNSELLING

DATE: Monday 18th June 2018

TIME: 8.00a.m-10.00a.m

INSTRUCTIONS:

Answer Question ONE and any other TWO

1. (a) With two illustrations justify why counseling is regarded as a process (6mark)
- (b) Discuss any three conditions that must be present for counseling malpractice litigation to occur. (6marks)
- (c) Evaluate any three barriers that are commonly displayed by novice counselor (6marks)
- (d) Explain any three principles that distinguishes counseling from other helping profession. (6marks)
- (e) With three reasons, justify why legal recognition is necessary for counseling profession. (6marks)
2. (a) With appropriate four illustrations, justify why need assessment is a first and important step in development of law enforcement counseling program. (8marks)
- (b) With appropriate illustrations, discuss any four characteristics of effective counseling program in law enforcement personnel. (12marks)
3. Critically evaluate the usefulness of the following specialization of counseling to personnel working in the security sector
- (a) Marriage and family counseling (4marks)
- (b) Career guidance and counseling (4marks)
- (c) Mental health counseling (4marks)

(d) Substance abuse counseling (4marks)

(e) Rehabilitation counseling (4marks)

4. (a) Explain how the cognitive interpretation influence level of stress (8marks)

(b) With appropriate illustrations, discuss any four psychological strategies that personnel working in security sector may use to cope with stress (12marks)

5. Assume you have been involved in security operation and you have been identified as a resource person to assist your colleagues in coping exposure to these critical incident, explain Laurence Miller's phases of stress debriefing model you will use (12marks)