



KENYATTA UNIVERSITY
UNIVERSITY EXAMINATIONS 2014/2015
DIGITAL SCHOOL OF VIRTUAL AND OPEN LEARNING
FIRST SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF EDUCATION
ECE 408: MATERNAL AND CHILD NUTRITION

DATE: Thursday, 18th December 2014

TIME: 2.00 p.m. – 4.00 p.m.

INSTRUCTIONS:

SECTION A: ANSWER ALL QUESTIONS (30 MARKS)

1. Define the following terms related to early childhood.
 - (i) Growth
 - (ii) Development
 - (iii) Nutrition
 - (iv) Health(6 marks)
2. Explain briefly any **four** risks associated with early complementary feeding. (6 marks)
3. State the **three** types of infant formula. (6 marks)
4. Explain any **four** advantages of breast milk for the infant. (6 marks)
5. Outline any **four** considerations you need to take into account when selecting foods for children. (6 marks)

SECTION B: ANSWER ANY TWO QUESTIONS (40 MARKS)

6.
 - a) Discuss any **five** potential hazards that expectant mothers are likely to suffer. (10 marks)
 - b) Explain any **five** complications for mothers during pregnancy. (10 marks)
7. Describe any **five** common childhood infections and measures you can use to protect the child. (20 marks)
8. Discuss any **five** factors affecting the health and nutritional status of children in Kenya. (20 marks)
9. Describe the **five** main classes of food by giving examples for each. (20 marks)