



KENYATTA UNIVERSITY

UNIVERSITY EXAMINATIONS 2014/2015

DIGITAL SCHOOL OF VIRTUAL AND OPEN LEARNING

SECOND SEMESTER EXAMINATION FOR DIPLOMA IN EARLY

CHILDHOOD EDUCATION

ECE 023/043: HEALTH PRACTICES AND EDUCATION

DATE: Thursday, 30th April, 2015

TIME: 8.00 a.m. – 10.00 a.m.

INSTRUCTIONS:

Section A:

Answer **ALL** the questions in this Section (30%)

1. Giving examples explain the meaning of the following concepts
 - a) Health
 - b) Health Education
 - c) PHC (6 marks)
2. Explain any three principles of Primary Health Care (6 marks)
3. Explain three reasons why PHC emphasis is on preventive rather than cure. (6 marks)
4. List six childhood diseases that can be prevented through immunization. (6 marks)
5. Explain six hygienic ways you would recommend for handling food to caregivers of young children. (6 marks)

INVOLVEMENT IN ANY EXAMINATION IRREGULARITY SHALL LEAD TO **DISCONTINUATION**

Section B:

Answer any **TWO** questions only – (40 marks)

6. Highlight 5 benefits of exclusive breast feeding. (20 marks)
7. What are needs? Identify five physical and emotional needs of young children and briefly explain how they can be promoted. (20 marks)
8. What is immunization? Describe the immunization schedule between birth and one year. (20 marks)
9. Identify and explain any three ways in which food poisoning may occur in pre-school centres and suggest ways of dealing with each case. (20 marks)