



KENYATTA UNIVERSITY

UNIVERSITY EXAMINATIONS 2014/2015

DIGITAL SCHOOL OF VIRTUAL & OPEN LEARNING

FIRST SEMESTER EXAMINATION FOR DIPLOMA IN EARLY CHILDHOOD

STUDIES

**ECE 036/058: FOUNDATIONS OF GUIDANCE AND COUNSELING IN EARLY
CHILDHOOD EDUCATION**

DATE: SATURDAY 20TH DECEMBER, 2014 TIME: 2.00 P.M. – 4.00 P.M.

INSTRUCTIONS

- This paper is made of two sections
- Section A is compulsory and has 30 marks
- Choose any two questions from Section B; each question has 20 marks
- All answers to be written on the answer booklet provided

SECTION A : SHORT ANSWER QUESTIONS

1. With an example describe the following types of counseling in early childhood
 - a) Facilitative
 - b) Crisis
 - c) Preventive(6 marks)
2. State three challenges facing the handling of discipline through guidance and counseling strategy. (6 marks)
3. Explain three roles of ECDE teachers in guidance and counseling (6 marks)
4. Differentiate between traditional and modern counseling (6 marks)
5. Identify three principles of counseling (6 marks)

SECTION B: ESSAY TYPE ANSWER QUESTIONS

6. “Children like adults suffer from stress.” Explain this statement (20 marks)
7. Discuss the following types of counseling therapies
- a) Client –centred therapy
 - b) Rational-emotive behaviour therapy
 - c) Reality therapy
 - d) Gestalt counseling (20 marks)
8. Describe five main steps in the counseling process (20 marks)
9. Explain five characteristics of effective counseling (20 marks)