



# KENYATTA UNIVERSITY

## UNIVERSITY EXAMINATIONS 2014/2015

### DIGITAL SCHOOL OF VIRTUAL AND OPEN LEARNING

### SECOND SEMESTER EXAMINATION FOR THE DEGREE OF BACHELOR OF EDUCATION

#### ECT 316: PHYSICAL EDUCATION METHODS

**DATE: Tuesday 28<sup>th</sup> April 2015**

**TIME: 2.00p.m-4.00p.m**

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#### **INSTRUCTIONS**

**Answer any three questions**

##### **Question One**

- a) Analyze any ten (10) benefits of teaching and learning Physical Education in Kenya. (10 marks)
- b) Make a PE lesson plan for form 2 class that can effectively be used to teach the topic mentioned in 1a above. (23 marks)

##### **Question Two**

- a) Using examples, justify any five (5) roles of formative evaluation and five (5) roles of summative evaluation in physical education. (20 marks)
- b) Discuss any five (5) formative approaches used to assess and evaluate learners in physical education. (13 marks)

##### **Question Three**

- a) Analyze any ten (10) major challenges facing the teaching of physical education in Kenyan schools. (20 marks)
- b) Suggest viable solutions to each of the challenges you mentioned in Q3a above. (13 marks)

##### **Question Four**

- a) Analyze any five (5) Physical Education teaching styles as exemplified by Muska Mosston's spectrum of PE teaching styles. (20 marks)

- b) Explain any five (5) advantages and five (5) disadvantages of the teacher centred method during the teaching of Physical Education lessons. (13 marks)

**Question Five**

Discuss the philosophy and rationale of offering a methods course to prospective PE teachers in Kenya. (23 marks)