



KENYATTA UNIVERSITY
UNIVERSITY EXAMINATIONS 2014/2015
DIGITAL SCHOOL OF VIRTUAL AND OPEN LEARNING
SECOND SEMESTER EXAMINATION FOR THE DEGREE OF MASTER
OF EDUCATION IN GUIDANCE AND COUNSELLING

APS 814: LOSS AND GRIEF COUNSELLING

DATE: SUNDAY, 3RD MAY 2015

TIME: 2.00 P.M. – 5.00 P.M.

INSTRUCTIONS:

Answer questions **One** and any other **Two** questions.

1.
 - (a) Define the term bereavement then give the justification why you decided to study this subject. [6 Marks]
 - (b) Differentiate between grieving and mourning. Illustrate your answer with examples. [6 Marks]
 - (c) Describe the two types of grief showing how they are
 - (i) Similar
 - (ii) Different [6 Marks]
 - (d) Describe the six phases a grieving person goes through after experiencing a traumatic loss. [12 Marks]
 2.
 - (a) Describe at least two
 - (i) Physical
 - (ii) Social problems of orphans. [8 Marks]
 - (b) Describe four counseling strategies you would apply to help orphans in their grief work. Illustrate your answer with examples. [12 Marks]
 3.
 - (a) People who are bereaved experience some changes in their behavior. Describe at least four
 - (i) Physical
 - (ii) Emotional
 - (iii) Cognitive behaviors due to grief. [12 Marks]
 - (b) Explain how counselors can help the bereaved persons in their grief work. [8 Marks]
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